

## Natural, Permanent Results

It is well known that "what the mind conceives the body believes". By blending hypnosis with the right combination of alternative health techniques as dictated by the clients' needs, the desired changes in the physical, mental, emotional and spiritual bodies are created. Let us help you start a new life today!



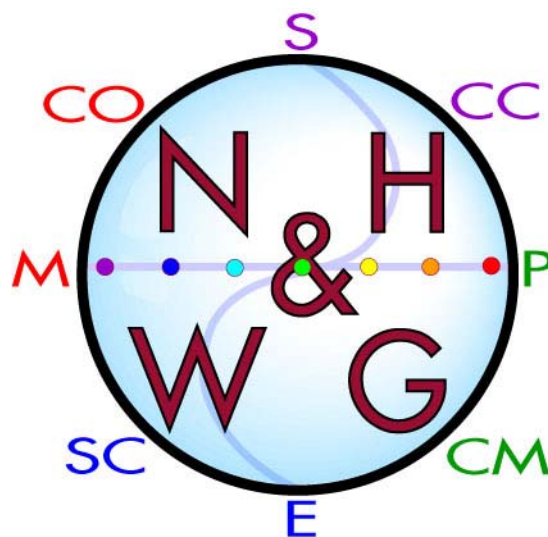
### Testimonials

"After 40 years as a smoker I was prepared to try 4 or 5 sessions to help me succeed in my goal to stop. Nothing I had ever tried before had worked. After 1 session I became a non-smoker, and I've stayed a non-smoker. I wish I had tried hypnosis years ago. Thank you for helping me find the way to be successful."  
- Carl, Bristol, CT

"I had a problem staying awake while driving a car. It was a real problem and a dangerous one at that. Neblett Hypnosis & Wellness Group quite simply solved my problem. Andrew Neblett was particularly attentive and genuinely concerned for my well-being. He adapted his therapy to my problem and definitely put serious thought into the best course of action for my particular case. If you are ready to make a change for the better, don't hesitate to call Neblett Hypnosis & Wellness Group."  
- Scott, Manchester, CT

"The first thing I noticed was a feeling of peace and calm. I also felt more physical and emotional energy. My mental clarity was restored which improved my overall attitude. I would encourage anyone to participate in the training they have to offer."  
- Jeanne, Bismarck, ND

See <http://www.neblettonline.com> for more information and testimonials.

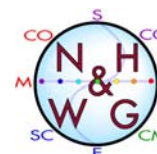


## DO YOU WANT SUCCESS IN...

- ▶ *Stress Release*
- ▶ *Weight Management*
- ▶ *Smoking Cessation*
- ▶ *Removing Fears and Phobias*
- ▶ *Feeling Better Physically, Mentally, and Emotionally*
- ▶ *Boosting Creativity and Performance*
- ▶ *Creating Permanent Change*
- ▶ *Resolving Long Term Conditions*
- ▶ *Regression / Past Life*
- ▶ *Spirit Issues*

ACHIEVE SUCCESS! CALL

203-910-0708



Neblett Hypnosis &  
Wellness Group, L.L.C.

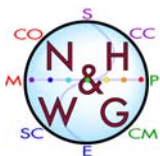
# What is Hypnosis?

*It is NOT sleep.*

*It is NOT mind control.*

*It is NOT the  
weakening of the will.*

Sanctioned by the American Medical Association in 1958, Hypnosis is simply increased, focused subconscious awareness that happens naturally. In a clinical setting, hypnotic induction is usually done by first guiding the client into a relaxed state. The client's subconscious mind is able to fully focus on a desired goal without the distraction or judgment of the conscious mind. The client is always in full control, always fully aware, and will not do anything against his or her moral fiber or will.



Neblett Hypnosis &  
Wellness Group, L.L.C.

24 Yale Avenue, Middlebury, CT 06762

**203-910-0708**

Email: [info@alternativehypnosis.com](mailto:info@alternativehypnosis.com)  
[info@nebletonline.com](mailto:info@nebletonline.com)

Web: [www.alternativehypnosis.com](http://www.alternativehypnosis.com)  
[www.nebletonline.com](http://www.nebletonline.com)  
[www.octoenergetics.com](http://www.octoenergetics.com)

## WHAT WE OFFER:

- ☞ Clinical Hypnosis
- ☞ Octoenergetics™
- ☞ Psysomatic Kinesiology™
- ☞ Hypnosynergetics™
- ☞ Total Body Modification™
- ☞ Regression / Past Life
- ☞ Anodyne Imagery™
- ☞ Aromatherapy
- ☞ Herbology
- ☞ Reiki
- ☞ Iridology
- ☞ Natural Health Consulting
- ☞ Training
- ☞ Emotional Freedom Technique
- ☞ Neuro-Linguistic Programming
- ☞ Process Coaching™



Day and Evening Appointments  
On-site and Home Sessions Available  
Major Credit Cards, Cash, and Checks  
Accepted

**SERVING NEW ENGLAND AND  
NEW YORK**

**Results Now...Naturally!**

## MEMBERSHIPS AND ASSOCIATIONS

- National Guild of Hypnotists
- American Board of Hypnotherapy
- The National Board of Professional and Ethical Standards
- Institute of Professional Psychologists
- The Association of Ethical and Professional Hypnotherapists
- The British Association of Therapeutical Hypnotists

## PRIVATE, GROUP, AND CORPORATE SESSIONS

- Discounts on group and corporate sessions.
- Customized programs available.
- Technique training available.
- Lectures on selected topics.

**DR. ANDREW NEBLETT**  
Ph.D., Clinical Hypnotherapy  
C.Ht., M.A.E.P.H., D.D.,  
D.S. candidate  
Creator of Octoenergetics™



- Certified and Registered Hypnotist
- Process Coach
- Anodyne Therapist
- TBM Doctor
- Natural Health Consultant
- Psysomatic Kinesiologist
- Certified Herbalist
- Certified Instructor and Author